



DEESIDE ORIENTEERING CLUB
SUNDAY July 16th 2017
British Mixed Sprint Relays
LEVEL B EVENT



Edge Hill University Campus, Ormskirk.
Part of the Northern Rocket Weekend

Venue

Edge Hill University Campus is situated on the south east outskirts of Ormskirk, a market town between Liverpool and Preston. L39 4QP GR: SD424069

Directions

See the detailed map below. The event will be signed from the A570 at the entrance to the University car park.



Edge Hill University

ORMSKIRK CAMPUS

St Helens Road,
Ormskirk,
Lancashire L39 4QP

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f: 01695 579997

www.edgehill.ac.uk

Public Transport



Ormskirk Station
Approximately 10 minutes walk.
Liverpool Lime Street Station
Nearest mainline station. Approximately
20-25 minutes drive.



Manchester Airport
Liverpool Airport
Both within 45 minutes drive.



Parking

Car parking will be in the main University Campus car park. Follow the signs into the car park. Please park within the marked individual bays.

Dogs

To conform with University policy, there will be no dogs allowed on site.

Arena

The start/ finish/handover area is to the north west side of the University Sports Centre building, 200m from the car park entrance, follow signs to the Sports Centre. We have use of two changing rooms and toilet facilities within the Sports Centre complex which will be open from 9am, access also from the outside – signed. There is a small cafeteria within the Centre that will be open for the event.

Terrain

Contains faculty buildings and student accommodation interspersed with mature gardens, open spaces and water features linked by a network of walkways. The University has undergone a rapid growth over the past ten years, providing an area with both modern and original structures.

Map

1:4000 with 2.5m contours, drawn by George Crawford Smith (PFO), updated May 2017. All maps are printed on A4 waterproof paper.



Registration

Teams to collect their Bib numbers from the red download tent at the start/Finish area from 9.15am. Late team member changes may be made here.

Declarations of team members and running order should be made after entries have finished at midnight Sunday 9th July and by Wednesday 12th July.

Relay Classes

	Class		Bib	Call Up	Start	Running Km	Scale	Controls
1	OPEN	M/W	100+	10.15	10.30	W 3.3 M 3.9	1:4000	17 21
2	VETERAN	M/W40+	200+	11.30	11.45	2.9	1:4000	16
3	SUPER VETERAN	M/W55+	300+	11.30	11.45	2.9	1:4000	16
4	ULTRA VETERAN	M/W65+	400+	11.30	11.45	2.9	1:4000	16
5	JUNIOR 16-	16-	500+	11.30	11.45	2.9	1:4000	16
6	JUNIOR 12-	12-	600+	12.00	12.15	2.3	1:4000	18
7	AD HOC	Different Age Combinations	700+	11.30	11.45	2.9	1:4000	16

The Open Class has four legs, teams consist of four people, two male two female, running order WMMW. All other classes have three legs, teams consist of three people with at least one female and at least one male with a free running order.

To be competitive all runners must be members of British Orienteering and members of the same affiliated club. In the Open class the UK Relay League Neighbouring Clubs Alliance may apply – geographically adjacent clubs are permitted to form combined teams and be competitive. In other classes teams made up of different clubs are welcome to enter but will be non competitive.

The Open Class will be run to completion as a spectator event before the other classes start.

Courses

All courses will include gaffling on each of the three/four legs.

Within the campus there are two lakes, of which the north western is **uncrossable** and the one to the southeast is crossable by the **two marked bridges**.

Control descriptions for the courses will be printed on the map, there will be no loose descriptions. Each control site will be marked by the standard orienteering flag with the control box on top of a yellow stake.

Punching

Sportident will be used. **This will be a normal punching event. Controls will not be enabled for contactless punching with SIACs.** Normal dibbers will be available to hire on the day - £1.00.

Safety

There is normally some vehicular traffic on the campus to staff car parks. This should be minimal as the event is on a Sunday and out of the University term and there is a 10 mph speed limit throughout. Competitors should be aware that they may encounter some facility maintenance vehicles.

As a sprint event, care should be taken going round corners and along narrow walkways where other runners and pedestrians could be encountered. There are some areas of prickly vegetation.

Full body cover is not required, shorts may be worn. Studded shoes are inappropriate for this race.

Competitors take part at their own risk and are responsible for their own safety.

First Aid

First Aid cover is by qualified Deeside club members and the University Sports Centre. Two first Aid kits will be available at the Download tent. There is a Minor Injuries Clinic open until 19.30 at Ormskirk Hospital DGH L39 01695 577111. The nearest A&E dept is Southport & Formby Hospital PR8 6PN 01704 547471. Maps will be available at the download tent.

Bib Colours

Bibs for all classes will have coloured bands to signify each lap as follows :



The Open Class will have a separate green colour for their third leg runner :



Call Up

Call up will be 15 minutes before the mass Lap 1 start. Other leg runners should ensure they are in the change over pen in good time for their incoming runner.

Map Issue

There will be clear and check stations just before the map issue tent and competitors are asked to ensure that their race bibs are clearly visible before they enter the tents. There will be a Punch Entry Check at this point. The maps will be labelled with at least the lap and team number. It is the competitor's responsibility to check that they have been given the correct map as labelled. Maps will be sealed and any attempt to see the map before the start will render the competitor's team liable to disqualification.

Handover

After punching the final control the incoming lap 1 and 2 competitors (and Lap 3 of the Open) will follow a taped route before approaching the Handover. The incoming lap 1 and 2 competitors (and Lap 3 of the Open) must first punch their finish box before touching their outgoing team member and then proceed along a taped route to the Download tent where there will be an official to deal with any issues. On leaving the Download tent competitors should put their map in the appropriate map collection bag.

Incoming competitors on lap 3 (and Lap 4 of the Open) should punch their final control and continue along a taped route before forking left and following a taped route to the finish line where their race ends. Their finishing order is that in which they cross the finish line. Their finish box will be a short distance beyond the finish line and should be punched in the same order, at least class wise, that

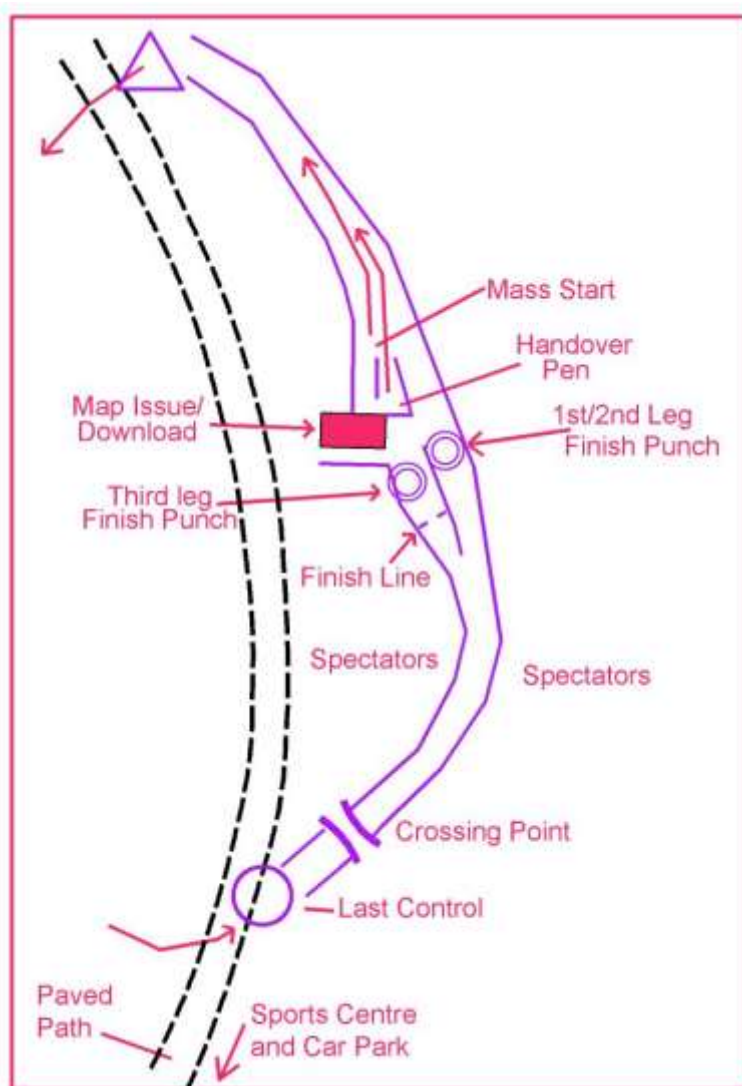
they crossed the finish line. The punch is to confirm the team's identity. Competitors should then proceed to Download.

The map bags will be available for collection after the last competitor has started.

Start/Finish arena

The Start/Finish area is close to the University Sports Centre. Runners will head north from the start line and approach the finish line from the south. The run in and hand over area is on tarmac and should provide good underfoot conditions.

The diagram below indicates the layout of the arena.



Prize Giving

The prize giving will take place in the Start/Finish area at approx 1:30pm. Medals will be awarded to the first, second and third placed competitive teams in each class.

Entries

Team Entries (without runner names) at Fabian4 extended to **midnight Sunday 9 July** then Team Declarations (Runner names and running order) by **Wednesday 12 July**.

Fees per team : Open Class £28

All Veteran Classes £21

All Junior Classes £10.50

Ad Hoc Class £ 21 (Juniors £10.50)

Info For the latest information check :
<http://www.deeside-orienteering-club.org.uk/events/club+events.htm>

Officials Planner : Pete Owens (DEE) Controller : Allan Williams (WCH)
Organiser : Norman Hall (DEE). For enquiries re the event and entries -
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