



**DEESIDE ORIENTEERING
CLUB**
Sandstone Trail Social
The Helter Skelter, Frodsham
Wednesday 29 November 2017
7pm for 7:30pm



To celebrate 40 years of DEE organising the Sandstone Trail Races up to 2016, and the successful handover in 2017 to [Cute Fruit Events](#), we are holding a Social at the Helter Skelter in Frodsham.

The Social will take the form of a dinner at the Helter Skelter, 31 Church Street, Frodsham WA6 6PN. The cost for main course, dessert and tea or coffee is £15; half price to those who helped at the 40th event in 2016; free to past organisers of the event.

Please book your place(s) by completing the form on the next page and returning it to Bob Elmes (dee@elmes.demon.co.uk) or by post to Bob Elmes, 4 Erindale Crescent, Frodsham WA6 6DZ. Replies asap would be appreciated; closing date 26 November.

Payment with your booking by either of:

- Bank transfer to Deeside OC Sort Code 30-65-65 Account 50794260, Reference STSOCIAL.
- Cheque payable to Deeside Orienteering Club, sent to Bob Elmes.

Main course:

- Roast Rump of Lamb, roasted root vegetables, mint and redcurrant sauce. GLX*
- Homemade Chicken Tikka, scented rice, naan bread. GLX*
- Butternut Squash and Roasted Red Pepper Risotto V* GL*

Dessert:

- Homemade chocolate brownie, warm chocolate sauce, vanilla ice cream. GL*
- Vanilla Cheesecake, crushed lemon meringue, fresh cream
- Ice Cream – choice of Vanilla, Chocolate Chip, Honeycomb, Caramel, Mint Chocolate Chip.

*V – Vegetarian

*GL – Gluten Free

*GLX – Gluten Free version available – please specify on booking form