



# Manchester and District Orienteering Club

## Saturday January 6<sup>th</sup> 2018

### ‘John o’Goats’ Charity Event at Lyme

Mass start event, with 3 courses, miss out controls depending on your age class

- Venue:** Lyme, Disley, near Stockport, SK12 2NR. GR SJ 964 823  
Entrance is on the A6, just west of Disley village
- Car Parking:** Lyme are experiencing problems with parking and are unable to give us a licence for free parking this year. So normal entry fees to the Park will apply – £8 per car or free for NT members.
- Charity:** Cheshire Search and Rescue (CSAR). The local equivalent of Lake District Mountain Rescue.
- BOF Levy:** We have to pay BOF Levy on this event, and we ask you to allow for this additional cost in your donation. All other expenses (including the cost of maps) are donated by MDOC and Club members
- Raffle:** Prizes for the raffle are donated by club members. The raffle will be drawn after the prize giving at about 12.45 pm
- Registration:** 10.00 to 10.45 (N.B. There’s a Park Run at 9.00)
- Mass Starts:** **11.00 - 11.10** with a separate mass start per course, longest first.  
Start and Finish will be a short walk from the car park
- Courses:** Long (11 km), Medium (7 km), Short (5km)  
*These are the approximate course lengths. You leave out between 1 and 5 controls, depending on your age class, so your courses will be shorter. Long is for Black/Brown/Short Brown; Medium is for Blue/Short Blue/Green; Short is for Short Green/Very Short Green*  
All these courses are TD5 – less experienced juniors should do the Novice course.  
The **Novice Course** will be Yellow/Orange standard with a mass start at 11.15
- Prizes:** There will be prizes for each course, to be presented at about 12.30
- Facilities:** Toilets at the lakeside block (3 minutes from car park). No muddy shoes please.  
The Timber Yard Cafe should be open from 10.00
- Fees:** No entry fee will be charged, but donations for the charity will be gratefully received. Gift Aid forms will be available at Registration
- Spikes:** A condition of our use of the Park is that no spikes shall be worn
- Officials:** Organiser and Planner John Kewley

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