

## STARTING A COURSE WITH MAPRUN

MapRun is a mobile phone App that allows you to run an orienteering course at a time of your choosing using your phone's GPS to recognise when you reach start, control sites and finish. You can just use the map on the phone but most people prefer to have a paper map as well.

The current version (June 2023) is MapRun7. If you have been using MapRunF or MapRun6, you should upgrade it to MapRun7 now.

### Download MapRun to your phone:

- Download the MapRun App onto your phone from your usual App source (Google Play, Apple App store etc)
- Request an access pin for your event if the event has a pin code
- Download a map if you want to use one instead of your phone map
- All courses are done on an individual basis and are not covered by British Orienteering Insurance
- Covid-19: Current Government social distancing rules apply. Please be extremely considerate of other users of the area.

### Download the Event:

Open the MapRun App

- Click on **Select Event**
- If it is your first time it will ask you to enter your personal information as part of this process. It uses this in the results.
- Select **UK Folder**
- Select Cheshire folder for MapRun courses or FYW Cheshire for Find Your Way courses.
- Click on the required course and it will download. (It may take a short while to start)
- When you are near the location.
- Makes sure your phone sound is turned up.
- Click on **Go to start**.
- Enter your pin code if you have been given one. You may not need one.
- When you reach the start location, the phone should beep and then timing has started.

### Hints

- Check the settings for your mobile phone. You will need to have GPS enabled, give permission for the App to access GPS and allow the app to run in the background. Some advice on setup [here](#)

<http://maprunners.weebly.com/phone-settings.html>

- You might need to move around close to the site to get the phone to register the start and control sites.
- Sometimes you may need to wait a second or two for the GPS to register your position at a control location. This can be a little phone dependant.
- If you are struggling to get the phone to beep at a control site, you can use the map on the phone to drill down to high resolution to check your position.
- If you are on a linear course and you miss a control, the phone will not register the rest of the course.
- When you finish, you can see your and other people's results by following the **results** button on the App. You can look at the route you took following the **track** option
- You can also do this from a laptop where <http://www.p.fne.com.au/#/fne> will take you to the server where all MapRun results are stored. Put the event name in the search string to see all results.

Enjoy!