

DEE Club Championships, Marbury Country Park, Sunday 28 November
Event Details (version 24/11/21)

EVENT OPEN TO CLUB MEMBERS ONLY

The Club Championships will take place at Marbury Country Park on Sunday 28 November.

Nearest post code: CW9 6AT

What3Words.com: ///lately.slides.thus

Car parking fee (pay at meter): £1.50 for 3 hours, £2.50 all day. Bring cash!

Start times: 11:30-12:30 (not pre-allocated, turn up and run). If you should have to queue for a few minutes, please observe social distancing.

Courses close: 14:00. Controls will be collected in from this time.

Start: 300m maximum from car park (follow path that goes out of the NE corner of the car park).

Finish: 270m maximum from car park.

Download & Key Drop: adjacent to the start.

Toilets: By the Ranger's office. Take the path from the NW corner of the car park.

You can enter any course that you wish. To be competitive for the Club Championships Trophies, you must run your age class or run up. To enter, email orienteeingj@gmail.com stating which course you wish to run and if you need a hire dibber. **Entries close at midnight on Friday 26 November. There is no EOD.**

Age Classes	Course	Course Length & Number of Controls (climb negligible)
M10, W10	Yellow	2.1k, 11 controls
M12, W12	Orange	2.8k, 9 controls
M12, W12	Light Green	3.7k, 12 controls
W55-W75, M70+	Short Green	3.3k, 11 controls
M14-M18, W20-W50, M55-M65	Green	4.6k, 13 controls
M20-M50	Blue*	6.5k, 18 controls
There are no loose control descriptions. Map scale 1:7500		

*The Blue Course consists of 2 Parts that are printed back-to-back. Please turn over the Part 1 map at Control 7, as instructed on the control descriptions.

The following trophies are awarded at the Club Championships:

Marbury Salver	W10, W12
Little Budworth Cup	M10, M12
Pettypool Plate	W14-W18
Bryn Alyn Chalice	M14-M18
Hawarden Bowl	W20-W50
Delamere Trophy	M20-M50
Jack Ramsden Women's Trophy	W55-W75
Jack Ramsden Men's Trophy	M55-M65
Terry Harper Super-Vet Shield	M70+

We will endeavour to do trophy presentation on the day.

Notes about the area

Fences must only be crossed at marked crossing points.

Marbury is notorious for possessing water features that vary in extent according to weather conditions in the previous weeks. Best efforts have been made to depict ponds/streams/marshes accurately on the map but please understand that there may be some differences between map and ground on the day of the event.

Full leg cover is strongly recommended.

All courses pass through a large open field in which there may be cattle on the day of the event. We are told that these are placid but competitors are recommended to give them a wide berth and/or slow down when near them. There will be a marshal in this area to reassure/escort nervous orienteers.

Blue, Green, Short Green and Light Green courses cross the minor road that runs through the area after the entrance to the car park. There is very little traffic but please take care.

The area is well used by the general public – please be courteous and give way/run wide past them. It is a very popular area for dog walkers. Be alert for dogs off leads and on extending leads.

Covid19

Please observe the British Orienteering Code of Conduct (below), particularly the point about giving way to other users of the area especially at gates and crossing points.

Participant Code of Conduct – Events August 2021



Anyone orienteering using permanent or virtual courses, or taking part in club activities or events, must follow this code of conduct and any additional requirements set out by the organising club to ensure the safety of themselves, other participants, event volunteers and the general public.

Government or local authority guidance takes precedence over this code of conduct. If government/local authority guidance changes at any time, it must be followed with immediate effect, including, if necessary, by stopping any orienteering activity. Personal safety must be the main driver for all decision making.

COVID-19 is still present in society and Orienteering events have a responsibility to remain safe. This code of conduct may be amended at late notice should further restrictions be reintroduced.

Personal conduct – Preparing to Attend an Orienteering Activity/Event

- Act as an ambassador for the sport of orienteering at all times.
- **DO NOT take part in any form of orienteering**
 - If you have any COVID-19 symptoms,
 - Are required to self-isolate under the current government guidance or been contacted by the NHS and asked to quarantine even if you are not displaying any symptoms.
 - If you have returned from any overseas country (except for ROI or one of the exempted countries identified by the government) until you have completed the required self-quarantine period, even if you are symptom-free.
 - If you are awaiting the result of a COVID-19 test that isn't part of any routine testing you may be undertaking unless you are displaying any symptoms.
- Ensure you have read, fully understand and follow any information or instructions provided by a club about the event/activity before you arrive at an orienteering course. This will form part of the club's risk assessment for the activity and may be as a result of restrictions imposed by landowners, local authorities or the government.
- It is advised to travel on your own or with other members of your household/ support bubble to an event/ activity. However, it is permissible to car share with others should it be required.
- Observe national government and governing body guidance.

Personal Conduct - At the Orienteering Activity/Event

- **Be mindful of others who wish to observe social distancing**, including – but not only – when you arrive, while on the course (including start and finish areas) and when you leave.
- Be patient, courteous and respectful of others. Consider how your actions may appear in the eyes of landowners or members of the public.
- Keep your distance from members of the public including giving way to other participants and members of the public on narrow paths and at gates or stiles.
- Arrive at an event during the time window that you have been allocated by the organising club.
- Move quickly away from controls after you have punched – do not stand next to a control looking at your map to work out your route to the next control.
- After finishing a course, move away from the finish, allow yourself to recover (e.g. by catching your breath and reducing your rate of perspiration), and then move swiftly through to download.

Most important of all - enjoy the outdoors safely.